



@jumprestaurant  
jumprestaurant.com

**MOLASSES WHOLE WHEAT BREAD**  
whipped butter, Osprey Bluffs honey,  
Parmigiano-Reggiano 11.

**WARM MIXED OLIVES**  
roasted garlic, lemon, oregano 9.

**JUMP FRIES**  
crisp Yukon Gold or sweet potatoes,  
tomato mayo 9.

**JUMP POUTINE**  
crisp Yukon Gold fries, cheese curds, gravy 12.

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## HAPPY HOUR

### Buck-a-Shuck\*

*\*available from 2pm-6pm with  
purchase of a bottle of wine*

nasty sauce, fresh horseradish, lemon

### Wing O'Clock\*

*\*available from 2pm-8pm*

all wings served with ranch dressing  
and house pickles

**DRY RUBBED WINGS**  
ginger, espelette, white pepper, salt 16.

**HOT & BUTTERED WINGS**  
hot sauce & butter 16.

**SWEET & SOUR CHICKEN WINGS**  
gochujang, black sesame seeds 16.

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Please inform us of any allergies. We will do our utmost  
to accommodate, though we are unable to guarantee an  
allergen-free kitchen.

**Parking 2. after 5:00pm**

## Appetizers

**WILD & TAME MUSHROOM SOUP**  
assorted mushrooms, truffle (no cream or butter) 10.

**JUMP CAESAR**  
kale, romaine, double-smoked bacon,  
Parmesan focaccia croutons 15.  
add chicken +9. · Gulf shrimp +15. · wild B.C. salmon +24.

**CHARRED CABBAGE SALAD**  
avocado, apple, candied walnuts, blue cheese, romesco,  
buttermilk dressing 17.

**ONTARIO BURATTA SALAD**  
citrus, roasted pumpkin, bitter greens, hazelnuts, vin cotto 28.

**YELLOWFIN TUNA TARTARE**  
green apple, charred green onion aioli, avocado,  
sea salt and vinegar potato chips 22.

## Handmade Pasta

**BEEF & BOAR BOLOGNESE**  
bucatini, Pecorino Romano, focaccia gremolata 27.

**CHICKEN AL PESTO**  
rigatoni, basil pesto, roasted peppers, pine nuts 26.

**LEMON RICOTTA GNOCCHI**  
La Bomba spicy tomato sauce, Parmigiano-Reggiano 26.

**SPAGHETTI ALLA VONGOLE**  
clams, white wine, fennel, Calabrian chili, garlic sauce 28.

## Mains

**BLACKENED CATFISH**  
dirty rice, black beans, kohlrabi slaw, pico de gallo 26.

**GRILLED CALAMARI**  
brown butter, garlic, anchovies, olives, broccolini, lemon 24.

**THE JUMP BURGER**  
house-ground and griddle-cooked patty,  
smoked pimento cheese, mustard mayo, Jump fries 26.

**SEARED WILD B.C. SALMON**  
creamed baby leeks, heritage squash, pickled cauliflower,  
lemon fregola 39.

**HALF HERITAGE CHICKEN**  
Brussels sprouts, pancetta, charred shallots, polenta, madeira jus 36.

**7oz GRASS FED TENDERLOIN**  
grilled broccolini, green peppercorn jus, Jump fries 52.

**OSSO BUCCO**  
soft polenta, olives, mushrooms, swiss chard, gremolata 49.

**12oz AAA RIBEYE**  
Béarnaise sauce, braised greens, jus, Jump fries 62.